

Frequently Asked Questions

I. Online registration

Q1: How much is the registration fee for each category and what does it include?

A1: The registration fee includes a rider pack for each registered person. Participants completing the 50 km and 32 km Rides will be awarded a finisher medal and an e-certificate. The table below lists the enrolment and donation fees for each category:

<u>Category</u>	<u>Enrolment Fee</u>	<u>Donation</u>
50 km Ride (Individuals and Teams of max. 10 persons)	Individual: HK\$600 Team: HK\$14,500	Individual: voluntary Team: HK\$3,000
32 km Ride (Individuals and Teams of max. 10 persons)	Individual: \$280 Team: HK\$7,500	Individual: voluntary Team: HK\$1,500
CEO Charity and Celebrity Ride	HK\$15,000/person (By invitation)	HK\$15,000
City Cycling Challenge around Greater Bay Area (Hong Kong) – Sun Hung Kai Properties Men's Open	HK\$350/person	Voluntary
City Cycling Challenge around Greater Bay Area (Hong Kong) – Sun Hung Kai Properties Women's Open	HK\$350/person	Voluntary
Family Fun Ride	HK\$100/family	HK\$100

Q2: Are changes allowed if the information is entered incorrectly?

A2: Yes. Please send an email to the organiser (info@hongkongcyclothon.com) to request a change to any incorrect information, such as emergency contact details. Please include the participant's name, event category, registration reference and the specific information to be updated.

Q3: Can I register for the event through other methods instead of online?

A3: To be environmentally friendly and to provide participants with instant confirmation of payment and enrolment, all registrations will only be processed online.

Q4: Can I pay by credit card for online registration?

A4: Yes.

Q5: Are bike jerseys and shuttle bus fees included in the registration fee?

A5: No. You may purchase the bike jersey for HK\$155 and shuttle bus services for HK\$60 when you register online.

II. Cycling events

Q6: Will teams in the 50 km or 32 km Rides be conducted in a relay format?

A6: No, participants are required to finish the 50 km or 32 km route individually within the designated time limit.

Q7: Why is there a disparity in registration fees between teams and individuals for the 50 km and 32 km Rides?

A7: The objective of setting up the 50 km and 32 km Rides for teams is to raise more funds for the designated charitable beneficiary. Therefore, this category is targeted at organisations or companies, and the entry fee is set at HK\$14,500 and HK\$7,500, respectively. There will be special arrangements for 50 km and 32 km teams, including a prioritised starting position, a designated marquee for teams (inside the event venue) and support/souvenirs, if available.

III. Acceptance of entries and arrangement of Cycling Technique Assessment (CTA)

Q8: What is the registration fee for the Cycling Technique Assessment?

A8: The Cycling Technique Assessment is free for all participants.

Q9: What is the format of the Cycling Technique Assessment?

A9: Participants in the 50 km and 32 km Rides must complete and pass both Parts 1 and 2 of the Cycling Technique Assessment to be eligible for those categories.

Part 1 - Physical Fitness Test
Complete a 6 km cycling course within 16 minutes and 30 seconds in a mass start with other participants.
Part 2 - U-turn Test
Finish the designated route with a narrow U-turn without knocking down any obstacles or putting any body part on the ground.

The organiser and/or the Cycling Association of Hong Kong, China (CAHK) may adjust the standards based on factors like the type of bicycle, difficulty of the Cycling Technique Assessment venue and weather conditions on the assessment day (temperature, humidity, wind and direction).

Q10: When will the Cycling Technique Assessment be held?

A10: The Cycling Technique Assessment will be held on 27 September (Saturday), 28 September (Sunday), 11 October (Saturday) and 12 October (Sunday).

Q11: Who is exempt from the Cycling Technique Assessment?

A11: All 50 km and 32 km Ride participants must complete the Cycling Technique Assessment (CTA), except for:

- 1) those who passed the CTA of the 2024 Sun Hung Kai Properties Hong Kong Cyclothon;
- 2) finishers of the 50 km, 32 km or 30 km Rides in the 2022, 2023 or 2024 Sun Hung Kai Properties Hong Kong Cyclothon;
- 3) those who completed the Cycling Association of Hong Kong, China (CAHK) road races from 1 January 2024 to 1 July 2025;
- 4) those who completed Union Cycliste Internationale road races from 1 January 2024 to 1 July 2025;
- or
- 5) experienced cyclists who completed other eligible cycling competitions, such as those organised by National Cycling Federations, or mass road events held between 1 January 2024 and 1 July 2025.

If there are any disputes, the organiser has the final decision.

Q12: Can I use my own bike for the Cycling Technique Assessment (CTA) or will bikes be provided?

A12: You may use your own bike or the bikes provided at the venue for the CTA. Your own bike must be a road bike, mountain bike or folding bike with two wheels of equal diameter that is at least 406 mm (for full bike specifications, please refer to Clause 4.1—4.6 under Part B in the Notice to Participants/Terms & Conditions). If you are using a provided bike, you must check it and immediately inform the responsible personnel of any issues. All participants must bring and wear their own helmet during the CTA.

Q13: When do I need to submit proof of my qualification to the organiser?

A13: Registrants must submit valid proof documents through the online registration system before the registration closes at 11:59pm on 20 September 2025 (Hong Kong Time, GMT +8). If you fail to provide the required proof by the deadline, your application will be deemed withdrawn and will not be processed.

Q14: I didn't upload the documents to qualify for an exemption during registration. How can I submit them now?

A14: You can submit the supporting documents by email to info@hongkongcyclothon.com on or before 20 September 2025. The organiser will verify the documents and confirm if you are exempt from the Cycling Technique Assessment.

Q15: Can I participate in the 50 km and 32 km Rides if I don't attend the Cycling Technique Assessment?

A15: No, participants in the 50 km and 32 km Rides must complete the Cycling Technique Assessment to be eligible.

Q16: Can I use a different bike for the Cycling Technique Assessment and the actual event?

A16: Yes, as long as it is a road bike, mountain bike, or folding bike with two wheels of an equal diameter that is at least 406 mm. For full bike specifications, refer to Clauses 4.1—4.6 under Part B in the Notice to Participants/Terms & Conditions.

Q17: Will the registration fee be refunded if I can't participate in the Cycling Technique Assessment and event?

A17: No, all paid fees (registration, jersey, shuttle bus, etc.) are non-refundable, except for withdrawals due to medical reasons with valid proof.

Q18: Will I get a refund if I fail the Cycling Technique Assessment?

A18: Yes, if you fail the assessment, all paid fees will be refunded within 60 days of the Cycling Technique Assessment result announcement via email.

IV. Bike rental services

Q19: Does the organiser provide bikes and gear?

A19: Participants in the 50 km Ride and 32 km Ride are mostly professional or serious amateur cyclists who already own their own bikes. Also, for safety reasons, the organiser encourages these participants to use their own bikes. For non-local participants of the 50 km Ride and 32 km Ride who do not travel with their own bikes, bike rental services will be available on a request basis. Non-local participants can request bike rentals during online registration on a first-come, first-served basis. The Hong Kong Tourism Board is not a bike supplier and is not responsible for any claims or liabilities related to the rentals.

On the other hand, local participants may contact a local bike supplier, Lung Kee Bicycle Company Limited (website: www.lkbike-hk.com/?lang=en / tel: +852 9010 1889), for short-term bike rental. The Hong Kong Tourism Board is not a supplier of the rented bikes and shall not be responsible for any claim or liabilities in relation thereto.

V. Other topics

Q20: I would like to attend a cycling training course in preparation for the event. Where can I find the course details?

A20: The Official Sports Apparel Sponsor – bossini has curated a series of preparatory workshops together with former Cycling Team members of Hong Kong, China and professional coaches. Please visit the website for details: <https://www.bossini.com/pages/cyclothon-workshop2025>.

You may also contact one of the [Registered Affiliated Clubs](#) or [Ordinary Affiliated Clubs](#) of the Cycling Association of Hong Kong, China, for more details. The Hong Kong Tourism Board and the Cycling Association of Hong Kong are not suppliers of the cycling training courses and shall not be responsible for any claim or liabilities in relation thereto.

Q21: Will a bike deposit service be provided on or before the event day?

A21: No, bike deposit service will not be provided on or before the event day.

Q22: Will participants be offered a refund if the event is re-routed, suspended or cancelled due to adverse weather?

A22: No refunds will be made under any circumstances, except for requests related to withdrawal due to medical reasons with relevant medical documents issued by a medical practitioner registered with The Medical Council of Hong Kong or overseas governmental medical authorities.

Q23: What are the special weather and emergency arrangements for the event day?

A23: The following arrangements will be implemented in the event of adverse weather conditions or emergencies:

Timing	Conditions	Arrangements
After 2:15am on the event date	Strong Wind Signal No. 3 or above and/or Red or Black Rainstorm Warning Signal	The 50 km Ride and the 32 km Ride will be cancelled.
After 7am on the event date		The Family Fun Ride, CEO Charity and Celebrity Ride, City Cycling Challenge

		around Greater Bay Area (Hong Kong) – Sun Hung Kai Properties Men’s Open and Women’s Open will be cancelled.
Any time during the event	Any other adverse weather warning issued/effective, e.g. Thunderstorm Warning	The ongoing race/ride will be postponed, temporarily suspended or cancelled at the organiser’s discretion based on the actual weather conditions.
Any time during the event	Emergencies	The ongoing race/ride will be suspended or cancelled.

The above arrangements are subject to change without prior notice.

The following arrangements will be made according to the wind speed recorded on the bridges along the event route:

Timing	Conditions	Arrangements
60 minutes before the start of the 50 km Ride on the event date	If the wind speed on Stonecutters Bridge, Ting Kau Bridge and Tsing Ma Bridge is 35 km/h or above, the Cycling Association of Hong Kong, China (CAHK) recommends against riding.	The organiser will monitor the wind trend and review the possibility of re-routing the 50 km Ride.
At least 30 minutes before the start of the 50 km Ride on the event date		The organiser will confirm the re-routing of the 50 km Ride.
At least 30 minutes before the start of the 32 km Ride on the event date		The organiser will confirm the re-routing of the 32 km Ride.
Any time during the event		The organiser will re-route the ongoing ride.

The above arrangements are subject to change without prior notice.

Q24: What are the suggested average riding speeds for participants and the closing times of the respective check points along the route?

A24: The suggested average riding speeds for participants of the 50 km Ride and 32 km Ride are 29 km/h and 24 km/h respectively. Participants will be required to board the broom wagon or make a U-turn (as applicable) to proceed to the finish point in West Kowloon if they cannot reach the checkpoint before the respective designated closing times stated in the following tables:

50 km Ride			
Checkpoint	Approximate distance from the starting point	Closing time*	Action
West Kowloon Highway (Southbound), near Hong Kong Red Cross Headquarters	4.5 km	6am	Participants are not allowed to enter Nam Cheong and should make a U-turn to head directly towards West Kowloon.
Junction of Lantau Link & North West Tsing Yi Interchange (Eastbound), near Tsing Ma Administrative Building	15.4 km	6:15am	Participants are not allowed to enter Tsing Ma Bridge and should make a U-turn to head directly towards Ting Kau Bridge.
Tsing Ma Bridge (Eastbound), near Ma Wan	17.8 km	6:25am	Participants should get on the broom wagon.
Cheung Tsing Highway (Southbound), near slip road to Tsing Yi Road West	14.5 km	6:25am	After passing through Cheung Tsing Tunnel, participants are not allowed to enter Tsing Ma Bridge and Ting Kau Bridge. They should make a U-turn to head directly towards Nam Wan Tunnel.
Tsing Sha Highway (Eastbound), near Lai Po Road	34.3 km	7:20am	Participants are not allowed to enter Eagle's Nest Tunnel. They should make a U-turn to head directly towards West Kowloon.
Eagle's Nest Tunnel (Eastbound), near Kowloon side entry	36.3 km	7:25am	Participants are not allowed to enter Eagle's Nest Tunnel. They should make a U-turn to head directly towards West Kowloon.
Eagle's Nest Tunnel (Eastbound), near Tsing Sha Control Area Administration Building	38.4 km	7:25am	Participants are not allowed to enter Sha Tin Heights Tunnel. Participants should make a U-turn to head directly towards West Kowloon.
Sha Tin Heights Tunnel (Eastbound), near MTR Tai Wai Depot	39.8 km	7:25am	Participants should get on the broom wagon.

* The checkpoint closing times are subject to further updates without prior notice.

32 km Ride			
Checkpoint	Approximate distance from the starting point	Closing time*	Action
West Kowloon Highway (Southbound), near Hong Kong Red Cross Headquarters	4.5 km	7:50am	Participants are not allowed to enter Nam Cheong and should make a U-turn to head directly towards West Kowloon.
West Kowloon Highway (Southbound), near slip road from Tsing Sha Highway	6.7 km	8:00am	Participants are not allowed to enter Tsing Kwai Highway and should make a U-turn to head directly towards West Kowloon.
Cheung Tsing Highway (Southbound), near slip road to Tsing Yi Road West	14.5 km	8:10am	After passing through Cheung Tsing Tunnel, participants are not allowed to enter Ting Kau Bridge. They should make a U-turn to head directly towards Nam Wan Tunnel.
Ting Kau Bridge (Southbound), near slip road to Tuen Mun Road	18.3 km	8:25am	Participants should get on the broom wagon.
Nam Wan Tunnel (Eastbound), near Sai Tso Wan entry	21.9 km	8:35am	Participants should get on the broom wagon.
Tsing Sha Highway (Eastbound), near Lai Po Road	27.9 km	8:45am	Participants should get on the broom wagon.

* The checkpoint closing time are subject to further updates without prior notice.

Last updated on 4 September 2025