

Frequently Asked Questions

I. Online registration

Q1: How much is the registration fee for each category and what does it include?

A1: The registration fee includes a rider pack for each registered person. Participants completing the 50 km and 32 km Rides will be awarded a finisher medal and an e-certificate. The table below lists the enrolment and donation fees for each category:

<u>Category</u>	<u>Enrolment Fee (HKD)</u>	<u>Donation (HKD)</u>
50 km Ride (Including Individual and Teams, max 10 persons per team)	Individual: \$600 Team: \$14,500	Individual: voluntary Team: \$3,000
32 km Ride (Including Individual and Teams, max 10 persons per team)	Individual: \$280 Team: \$7,500	Individual: voluntary Team: \$1,500
CEO Charity and Celebrity Ride	\$15,000/person (By invitation)	\$15,000
City Cycling Challenge around Greater Bay Area (Hong Kong) – Sun Hung Kai Properties Men’s Open	\$350/person	Voluntary
City Cycling Challenge around Greater Bay Area (Hong Kong) – Sun Hung Kai Properties Women’s Open	\$350/person	Voluntary
Family Fun Ride (Own Bike)	\$100/family	\$100

Q2: Are changes allowed if the information is entered incorrectly?

A2: Yes. Please send an email to the organiser (info@hongkongcyclothon.com) to request a change to any incorrect information, such as emergency contact details. Please include the participant’s name, event category, registration reference and the specific information to be updated.

Q3: Can I register for the event through other methods instead of online?

A3: To be environmentally friendly and provide participants with instant confirmation of payment and enrolment, all registrations will be processed online only.

Q4: Can I only pay by credit card for online registration?

A4: Yes.

Q5: Are the bike jersey and shuttle bus fees included in the registration fee?

A5: No. You may purchase the bike jersey for HK\$150 and shuttle bus services for HK\$60 during online registration.

II. Acceptance of entries and arrangement of Cycling Technique Assessment (CTA)

Q6 What is the registration fee for the Cycling Technique Assessment?

A6: The Cycling Technique Assessment is free for all participants.

Q7: What is the format of the Cycling Technique Assessment?

A7: Participants in the 50 km and 32 km Rides must complete and pass both Parts 1 and 2 of the Cycling Technique Assessment to be eligible for those categories.

Part 1 - Physical Fitness Test
Complete a 6 km cycling course within 16 minutes and 30 seconds in a mass start with other participants.
Part 2 - U-turn Test
Finish the designated route with a narrow U-turn without knocking down any obstacles or putting any body part on the ground.

The organiser/the Cycling Association of Hong Kong, China (CAHK) may adjust the standards based on factors like the type of bicycle, difficulty of the Cycling Technique Assessment venue and weather conditions on the assessment day (temperature, humidity, wind and direction).

Q8: When will the Cycling Technique Assessment be held?

A8: The Cycling Technique Assessment will be held on 7–8 September 2024 and 14–15 September 2024.

Q9: Who is exempt from the Cycling Technique Assessment?

A9: All 50 km and 32 km Ride participants must complete the Cycling Technique Assessment (CTA), except for:

- 1) those who passed the CTA of the 2023 Sun Hung Kai Properties Hong Kong Cyclothon;
- 2) finishers of the 50 km or 30 km Rides in the 2022 or 2023 Sun Hung Kai Properties Hong Kong Cyclothon;
- 3) those who completed the Cycling Association of Hong Kong, China (CAHK) road races from 1 January 2023 to 1 July 2024;
- 4) those who completed Union Cycliste Internationale road races from 1 January 2023 to 1 July 2024; or
- 5) experienced cyclists who completed other eligible cycling competitions, such as those organised by National Cycling Federations, or mass road events held between 1 January 2023 and 1 July 2024.

If there are any disputes, the organiser has the final decision.

Q10: Can I use my own bike for the Cycling Technique Assessment (CTA) or will bikes be provided?

A10: You may use your own bike or the bikes provided at the venue for the CTA. Your own bike must be a road bike, mountain bike or folding bike with two wheels of equal diameter that is at least 20 inches (for full bike specifications, please refer to Clause 4.1—4.6 under Part B in the Notice to Participants/Terms & Conditions). If using a provided bike, you must check it and inform the responsible personnel immediately of any issues. All participants must bring and wear their own helmet during the CTA.

Q11: When do I need to submit proof of my qualification to the organiser?

A11: Registrants must submit valid proof documents through the online registration system before the registration closes at 11:59pm on 23 August 2024 (Hong Kong Time, GMT +8). If you fail to provide the required proof by the deadline, your application will be deemed withdrawn and will not be processed.

Q12: I didn't upload the documents to qualify for an exemption during registration. How can I submit them now?

A12: You can submit the supporting documents by email to info@hongkongcyclothon.com on or before 23 August 2024. The organiser will verify the documents and confirm if you are exempt from the Cycling Technique Assessment.

Q13: Can I participate in the 50 km and 32 km Rides if I don't attend the Cycling Technique Assessment?

A13: No, participants in the 50 km and 32 km Rides must complete the Cycling Technique Assessment to be eligible.

Q14: Can I use a different bike for the Cycling Technique Assessment and the actual event?

A14: Yes, as long as it is a road bike, mountain bike, or folding bike with two wheels of an equal diameter that is at least 20 inches. For full bike specifications, refer to Clauses 4.1—4.6 under Part B in the Notice to Participants/Terms & Conditions.

Q15: Will my registration fees be refunded if I can't participate in the Cycling Technique Assessment and event?

A15: No, all paid fees (registration, jersey, shuttle bus, etc.) are non-refundable, except for withdrawals due to medical reasons with valid proof.

Q16: Will I get a refund if I fail the Cycling Technique Assessment?

A16: Yes, all paid fees will be refunded within 60 days of the Cycling Technique Assessment result announcement via email if you fail the assessment

III. Bike rental services

Q17: Does the organiser provide bikes and gear?

A17: Bike rental services will only be available for non-local participants of the 50 km and 32 km Rides. Non-local participants can request bike rentals during online registration on a first-come, first-served basis. The Hong Kong Tourism Board is not a bike supplier and is not responsible for any claims or liabilities related to the rentals.

Q18: Why isn't bike rental available for the 50 km and 32 km Ride participants?

A18: Participants in the 50 km and 32 km Rides are mostly professional or serious amateur cyclists who already own their own bikes. For safety reasons, the organiser encourages these participants to use their own bikes.

IV. Cycling events

Q19: Will teams in the 50 km or 32 km Rides be conducted in a relay format?

A19: No, participants are required to finish the 50 km or 32 km route individually within the designated time limit.

Q20: Why is there a disparity in registration fees between teams and individuals for the 50 km/32 km Rides?

A20: The objective of setting up the 50 km and 32km Ride for teams is to raise more funds for the designated beneficiary. Therefore, this category is targeted at organisations or companies, and the entry fee is set at HK\$14,500 and HK\$7,500 respectively. There will be special arrangements for 50km and 32km teams, including a prioritised starting position, a designated marquee for teams (inside the event venue) and a team banner.

V. Other topics

Q21: Will a bike deposit service be provided on the event day?

A21: No, a bike deposit service will not be provided on the event day.

Q22: Will participants be offered a refund if the event is re-routed, suspended or cancelled due to adverse weather?

A22: No refunds will be made under any circumstances, except for requests related to withdrawal due to medical reasons with relevant medical documents issued by a medical practitioner registered with The Medical Council of Hong Kong or overseas governmental medical authorities.

Q23: What are the special weather and emergency arrangements for the event day?

A23: The following arrangements will be implemented in the event of adverse weather conditions or emergencies:

Timing	Conditions	Arrangements
After 2:15am on the event date	Strong Wind Signal No. 3 or above and/or Red or Black Rainstorm Warning Signal	50 km Ride and 32 km Ride will be cancelled
After 7am on the event date		Family Fun Ride, CEO Charity and Celebrity Ride, City Cycling Challenge around Greater Bay Area (Hong Kong) – Sun Hung Kai Properties Men’s Open and Women’s Open will be cancelled
Any time during the event	Any other adverse weather warning issued/effective, e.g. Thunderstorm Warning	The ongoing race/ride will be postponed, temporarily suspended or cancelled at the organiser’s discretion based on the actual weather conditions
Any time during the event	Emergencies	The ongoing race/ride will be suspended or cancelled

The above arrangements are subject to change without prior notice.

The following arrangements will be made according to the wind speed recorded on the bridges along the event route:

Timing	Conditions	Arrangements
60 minutes before the start of the 50 km Ride on the event date	If the wind speed on Stonecutters Bridge, Ting Kau Bridge and Tsing Ma Bridge is 35 km/h or above, the Cycling Association of Hong Kong, China (CAHK) recommends against riding	To monitor the wind trend and review the possibility of re-routing the 50 km Ride
At least 30 minutes before the start of the 50 km Ride on the event date		To confirm the re-routing of the 50 km Ride
At least 30 minutes before the start of the 32 km Ride on the event date		To confirm the re-routing of the 32 km Ride
Any time during the event		Re-routing of the ongoing ride

The above arrangements are subject to change without prior notice.

Q24: What are the suggested average riding speeds for participants and the closing times of the respective check points along the route?

A24: The suggested average riding speeds for participants of the 50 km Ride and 32 km Ride are 29 km/h and 24 km/h respectively. Participants will be required to board the broom wagon or make a U-turn (as applicable) to proceed to the finish point in West Kowloon if they cannot reach the checkpoint before the respective designated closing times stated in the following tables:

50 km Ride			
Checkpoint	Approximate distance from the starting point	Closing time*	Action
West Kowloon Highway (Southbound), near Olympic Park	4.5 km	6am	Participants are not allowed to enter Nam Cheong and should make a U-turn to head directly towards West Kowloon
Junction of Lantau Link & North West Tsing Yi Interchange (Eastbound), near Tsing Ma Administrative Building	15.4 km	6:15am	Participants are not allowed to enter Tsing Ma Bridge and should make a U-turn to head directly towards Ting Kau Bridge
Tsing Ma Bridge (Eastbound), near Ma Wan	17.8 km	6:25am	Participants should get on the broom wagon
Cheung Tsing Highway (Southbound), near the slip road to Tsing Yi Road West	14.5 km	6:25am	After passing through Cheung Tsing Tunnel, participants are not allowed to enter Tsing Ma Bridge and Ting Kau Bridge. They should make a U-turn to head directly towards Nam Wan Tunnel
Tsing Sha Highway (Eastbound), near Lai Po Road	34.3 km	7:20am	Participants are not allowed to enter Eagle's Nest Tunnel and should head directly towards West Kowloon
Eagle's Nest Tunnel (Eastbound), near Kowloon side entry	36.3 km	7:25am	Participants are not allowed to enter Eagle's Nest Tunnel. They should make a U-turn to head directly towards West Kowloon
Eagle's Nest Tunnel (Eastbound), near the Tsing Sha Control Area Administration Building	38.4 km	7:25am	Participants are not allowed to enter Sha Tin Heights Tunnel. Participants should make a U-turn to head directly towards West Kowloon
Sha Tin Heights Tunnel (Eastbound), near the MTR Tai Wai Depot	39.8 km	7:25am	Participants should get on the broom wagon

* The checkpoint closing times are subject to further updates without prior notice.

32 km Ride			
Checkpoint	Approximate distance from the starting point	Closing time*	Action
West Kowloon Highway (Southbound), near Olympic Park	4.5 km	8:20am	Participants are not allowed to enter Nam Cheong and should make a U-turn to head directly towards West Kowloon
Nam Cheong, near the junction between Tsing Sha Highway and West Kowloon Highway	6.7 km	8:30am	Participants are not allowed to enter Tsing Kwai Highway and should make a U-turn to head directly towards West Kowloon
Cheung Tsing Highway (Southbound), near the slip road to Tsing Yi Road West	14.5 km	8:40am	After passing through Cheung Tsing Tunnel, participants are not allowed to enter Ting Kau Bridge. They should make a U-turn to head directly towards Nam Wan Tunnel
Tsing Long Highway (Southbound), near the slip road to Tuen Mun Road	17.8 km	9am	Participants should get on the broom wagon
Nam Wan Tunnel (Eastbound), near Sai Tso Wan entry	22 km	9:10am	Participants should get on the broom wagon
Tsing Sha Highway (Eastbound), near Lai Po Road	28.1 km	9:30am	Participants should get on the broom wagon

* The checkpoint closing time are subject to further updates without prior notice.

Last updated on 9 August 2024