Frequently Asked Questions

**Online Registration**

**Q1: How much is the registration fee for each category and what does it include?**

A1: It includes a rider pack and a bike jersey (unless otherwise specified) for each person.

Participants completing the 50 km and 30 km Rides will be awarded a finisher medal and an e-certificate. The table below lists the enrolment/donation fee for each category:

<table>
<thead>
<tr>
<th>Category</th>
<th>Enrolment Fee in HKD</th>
<th>Donation in HKD</th>
</tr>
</thead>
<tbody>
<tr>
<td>50 km Ride (Including Individual and Teams, max 10 persons per team)</td>
<td>$650/person #</td>
<td>Voluntary $3,000/ team</td>
</tr>
<tr>
<td>$15,000/team #</td>
<td></td>
<td></td>
</tr>
<tr>
<td>30 km Ride (Individual)</td>
<td>$330/person #</td>
<td>Voluntary</td>
</tr>
<tr>
<td>CEO Charity and Celebrity Ride</td>
<td>$15,000/person (By invitation)</td>
<td>$15,000</td>
</tr>
<tr>
<td>Men's Open Race (&quot;Men's Open&quot;)</td>
<td>$400/person #</td>
<td>Voluntary</td>
</tr>
<tr>
<td>Women’s Open Race (&quot;Women’s Open&quot;)</td>
<td>$400/person #</td>
<td>Voluntary</td>
</tr>
<tr>
<td>Family Fun Ride (Own Bike)</td>
<td>$100/family</td>
<td>$100</td>
</tr>
</tbody>
</table>

# Participants who do not order the bike jersey can enjoy a discount of HK$50 for each person.

**Q2: Are amendments allowed if the information is mistakenly input?**

A2: Yes. Please send an email to the organiser for the amendment of incorrect information, e.g., size of bike jersey. Please specify the participant’s information, including name, category, booking reference and the information to be amended.

**Q3: Instead of online registration, can I register for the event by other methods?**

A3: To be environmentally friendly and provide instant confirmation of payment and enrolment for participants, all registrations will be processed online.

**Q4: Can payment only be made by credit card for online registration?**

A4: Yes.
Q5: Can payment be made by Consumption Voucher for online registration?
A5: No, Consumption Voucher cannot be used as payment to public organisations including the organiser. Individuals who violate the law may be referred to law enforcement agencies for follow up.

Acceptance of Entries and Arrangement of Cycling Technique Assessment (“CTA”)

Q6: How much is the registration fee for the CTA?
A6: The CTA is free of charge for all registrants.

Q7: What is the format of the CTA?
A7: Participants are required to complete both parts 1 and 2 of the CTA.

Part 1 - Physical Fitness Test (complete 6 km within 16 minutes and 30 seconds in a mass start with other participants)

Part 2 - U-turn Test (finish the designated route with a narrow U-turn without knocking down any obstacles or any body part touching the ground)

The organiser/the Cycling Association of Hong Kong, China (“CAHK”) may adjust the standard according to the quality and type of bicycle, the level of difficulty of the CTA venue, as well as weather conditions on the day of the assessment, including factors such as the temperature, humidity, wind speed and direction.

Q8: When will the CTA be conducted?
A8: 16 September (Saturday), 17 September (Sunday) and 23 September 2023 (Saturday).

Q9: Who are eligible for exemption from the CTA?
A9: All registrants of the 50 km Ride and 30 km Ride are required to attend a cycling technique assessment. Exemption will be granted to:

1) participants who passed the CTA of the 2022 Sun Hung Kai Properties Hong Kong Cyclothon
2) finishers of the 50 km Ride or 30 km Ride of the 2018 or 2022 Sun Hung Kai Properties Hong Kong Cyclothon, respectively
3) participants who have completed the road races organised by The Cycling Association of Hong Kong, China ("CAHK") between 2018 and 2023
4) participants who have completed the road races organised by the Union Cycliste Internationale ("UCI") between 2018 and 2023
5) experienced cyclists who have completed other eligible cycling competitions (such as those by any of the National Cycling Federations) or mass road events between 2018 and 2023

In case of any dispute, the organiser has the right to make the final decision.

Q10: For the CTA, are bikes provided or can I use my own bike?
A10: Bikes will be provided for the CTA, but registrants can choose to bring their own bikes to use instead. Registrant’s own bikes must have two wheels of an equal diameter that is not less than 26 inches. Registrants using bikes provided at the venue must check the bikes and inform the responsible personnel on-site immediately should there be any problems with the bike. All registrants are required to bring their own helmets and wear them at all times during the CTA.

Q11: I wish to apply for exemption from the CTA but I did not upload the documents required during the registration. How can I submit the documents after registration?
A11: Please log on to the online registration system to upload documents before registration closes, i.e., on or before 11:59pm, 12 September 2023 (Hong Kong Time, GMT+8). The organiser will verify the documents and confirm if you are exempted from the CTA.

Q12: When will registrants be required to submit document proof to the organiser to confirm their qualification?
A12: Registrants must submit valid proof to the organiser via the online registration system before the registration closes, i.e., on or before 11:59pm, 12 September 2023 (Hong Kong Time, GMT +8). If a registrant fails to provide valid proof before the registration closes, the registrant will be deemed to have withdrawn his/her application and such application will no longer be processed.

Q13: Can registrants for the 50km and 30km rides take part in the event if they cannot attend the CTA?
A13: No, registrants for the 50km and 30km rides must attend the CTA if required.
Q14: Can registrants bring different bikes to the CTA and the event?
A14: Yes, as long as the diameter of the wheels is 26 inches or above. For the specifications of bikes, please refer to the Notice to Participants/Terms & Conditions - Clause 4.1 - 4.6 under Part B.

Bike Rental Service
Q15: Will the organiser provide bikes and gear?
A15: Local participants of the 50 km Ride and 30 km Ride are mostly professional or serious amateur cyclists who already own a bike. In the interest of safety, the organiser encourages participants to use their own bikes. Non-local participants of the 50 km Ride and 30 km Ride who want to use the bike rental service can register during the online registration. Please note that Hong Kong Tourism Board is not a supplier of bikes and shall not be responsible for any claim or liabilities in relation thereto.

Q16: Why is bike rental service not available for participants of the 50 km Ride and 30 km Ride?
A16: Participants of the 50 km Ride and 30 km Ride are mostly professional or serious amateur cyclists who already own a bike. In the interest of safety, the organiser encourages participants to use their own bikes.

Cycling Events
Q17: Will the 50 km Team Ride be conducted in a relay format?
A17: No, participants are required to finish the 50 km route within the designated time limit individually.

Q18: Why is there a disparity in registration fees between 50 km Team Ride and 50 km Ride?
A18: The objective of setting up the 50 km Team Ride is to raise more funds for the designated beneficiary. Therefore, this category is targeted at organisations or companies and the entry fee is set at HK$15,000. There will be special arrangements for participants of this category, including the prioritised departure time, a designated marquee for teams (inside the event venue) and a team banner.
Q19: Why is the 50 km Team Ride only available for participants from the same organisation?
A19: Aside from raising funds for the designated beneficiary, this category aims to enhance team spirit within organisations or companies. Therefore, participants should be from the same organisation.

Other Topics
Q20: Will the organiser provide bike deposit service on the event day?
A20: No, the organiser will not provide bike deposit service on the event day.

Q21: Will participants be offered a refund if the event is re-routed, suspended or cancelled due to adverse weather?
A21: No refunds will be made under any circumstances except for requests in relation to withdrawal due to medical reasons with relevant medical documents issued by a medical practitioner (registered with The Medical Council of Hong Kong or Overseas Governmental medical authorities).

Q22: If the diameter of the bike wheel is not 26 inches, can it still be used in the 50 km Ride and 30 km Ride?
A22: It can be used if the wheel size is 700C.

Q23: What is the difference between a road bike and a mountain bike?
A23: The wheel of the road bike is 700C and it is equipped with drop (‘ergo’ or ‘anatomic’) handlebars.
Q24: What are the special weather and emergency arrangements on the event day?

A24: Special weather and emergency arrangements are as follows:

The following arrangements will take place in the event of severe weather or emergency incidents:

<table>
<thead>
<tr>
<th>Time</th>
<th>Conditions</th>
<th>Arrangements</th>
</tr>
</thead>
<tbody>
<tr>
<td>After 2:30am on the event date</td>
<td>Strong Wind Signal No. 3 or above and/or Red or Black Rainstorm Warning Signal</td>
<td>50 km Ride and 30 km Ride will be cancelled</td>
</tr>
<tr>
<td>After 7am on the event date</td>
<td></td>
<td>Family Fun Ride, CEO Charity and Celebrity Ride, Men’s Open and Women’s Open will be cancelled</td>
</tr>
<tr>
<td>Any time during the event</td>
<td>Any other severe weather warning issued/effective, e.g. Thunderstorm Warning</td>
<td>The ongoing race/ride will be postponed, temporarily suspended or cancelled subject to the organisers decision made according to actual weather conditions</td>
</tr>
<tr>
<td>Any time during the event</td>
<td>Emergencies</td>
<td>The ongoing race/ride will be suspended or cancelled</td>
</tr>
</tbody>
</table>

*The above arrangements are subject to change without any prior notice.*

The following arrangements will be made according to the wind speed recorded on the bridges along the event route:

<table>
<thead>
<tr>
<th>Time</th>
<th>Conditions</th>
<th>Arrangements</th>
</tr>
</thead>
<tbody>
<tr>
<td>60 minutes before start of 50 km Ride on the event date</td>
<td>If wind speed on Stonecutters Bridge, Ting Kau Bridge and Tsing Ma Bridge is 35 km/h or above, CAHK recommends against riding</td>
<td>To track the wind trend and review the possibility of re-route of 50 km Ride</td>
</tr>
<tr>
<td>At least 30 minutes before start of 50 km Ride on the event date</td>
<td></td>
<td>To confirm re-route of 50 km Ride</td>
</tr>
<tr>
<td>At least 30 minutes before start of 30 km Ride on the event date</td>
<td></td>
<td>To confirm re-route of 30 km Ride</td>
</tr>
<tr>
<td>Any time during the event</td>
<td></td>
<td>Re-route of the ongoing ride</td>
</tr>
</tbody>
</table>

*The above arrangements are subject to change without any prior notice.*
Q25: What are the suggested average riding speeds for participants and the closing times of respective check point locations en route?

A25: The suggested average riding speeds for participants of the 50 km Ride and 30 km Ride are 29 km/h and 24 km/h respectively. Participants shall board the broom wagon or make a U-turn (as the case may be) to proceed to the finish point in Tsim Sha Tsui if they cannot arrive at the checkpoint before the respective designated closing times stated in the following tables:

<table>
<thead>
<tr>
<th>Checkpoint</th>
<th>Approximate distance from the starting point (km)</th>
<th>Finishing time</th>
<th>Action</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nga Cheung Road Flyover (ICC)</td>
<td>3</td>
<td>6:05am</td>
<td>Participants should get on the broom wagon.</td>
</tr>
<tr>
<td>Cheung Tsing Highway (S/B) (Near slip road to Tsing Yi Road West)</td>
<td>14.6</td>
<td>6:10am</td>
<td>After participants pass through Cheung Tsing Tunnel, they are not allowed to enter Tsing Ma Bridge and Ting Kau Bridge. Participants should make a U-turn and head directly towards Nam Wan Tunnel.</td>
</tr>
<tr>
<td>Nam Wan Tunnel (Near Sai Tso Wan entry)</td>
<td>28.6</td>
<td>7:15am</td>
<td>Participants should get on the broom wagon.</td>
</tr>
<tr>
<td>Tsing Sha Highway (Near Lai Po Road)</td>
<td>34.6</td>
<td>7:20am</td>
<td>Participants are not allowed to enter Eagle's Nest Tunnel, and should head directly towards Tsim Sha Tsui.</td>
</tr>
<tr>
<td>Eagle’s Nest Tunnel (E/B) (Near Tsing Sha Control Area Administration Building)</td>
<td>38.7</td>
<td>7:25am</td>
<td>Participants should get on the broom wagon.</td>
</tr>
<tr>
<td>Eagle’s Nest Tunnel (Kowloon side entry)</td>
<td>40.8</td>
<td>7:25am</td>
<td>Participants should get on the broom wagon.</td>
</tr>
<tr>
<td>Nga Cheung Road Flyover (ICC)</td>
<td>47.4</td>
<td>7:40am</td>
<td>Participants should get on the broom wagon.</td>
</tr>
</tbody>
</table>

* The start time and checkpoint closing time are subject to further updates.
Section to be completed by the participants of 30 km Ride (Start time: 8:10am*)

<table>
<thead>
<tr>
<th>Checkpoint</th>
<th>Approximate distance from the starting point (km)</th>
<th>Finishing time</th>
<th>Action</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nga Cheung Road Flyover (ICC)</td>
<td>3</td>
<td>8:30am</td>
<td>Participants should get on the broom wagon.</td>
</tr>
<tr>
<td>Nam Cheong (Junction between Tsing Sha Highway and West Kowloon Highway)</td>
<td>6.8</td>
<td>9am</td>
<td>Participants are not allowed to enter Tsing Kwai Highway, and should make a U-turn and head directly towards Tsim Sha Tsui.</td>
</tr>
<tr>
<td>Nam Wan Tunnel (Near Sai Tso Wan entry)</td>
<td>15.6</td>
<td>9:20am</td>
<td>Participants should get on the broom wagon.</td>
</tr>
<tr>
<td>Nga Cheung Road Flyover (ICC)</td>
<td>26.2</td>
<td>9:40am</td>
<td>Participants should get on the broom wagon.</td>
</tr>
</tbody>
</table>

* The start time and checkpoint closing time are subject to further updates.

Last updated on 28 August 2023