



Family Eateries



Finding healthy and tasty food that will appeal to children as well as adults can be a challenge at times, but not in Hong Kong where you can find an incredible variety of cuisines and family-oriented restaurants. There's an immense array of food that everyone will love: endless buffets, delectable desserts, classic Hong Kong temptations and food from around the world. All of it is served in entertaining eateries with many restaurants offering children's menus so your family can feast in the Culinary Capital of Asia.

Hong Kong's Traditional Delicacies

Taste the local culture by trying a traditional Hong Kong delicacy. Among the most popular are tasty *dan tat* (sweet egg tart), fresh *bo law bao* (pineapple bun), noodles with plump *won ton* (shrimp dumpling) and delicious *siu mei* (roasted meat). You can try all of these in Chinese-style cafes, small and large Chinese restaurants.

Did You Know?

Delicious egg tarts are a favourite snack in Hong Kong, even spawning an egg tart hairstyle! The ideal egg tart has a flaky pastry while the inside is smooth filling with a sweet taste of egg. Visit a Chinese cafe and try one for a taste of Hong Kong.



Try a traditional Hong Kong afternoon snack. You'll love it.



Wonton noodles.



A delicious family meal.