There are quite a few restaurants and shops in Ngong Ping.

You can enjoy a meal at Po Lin Monastery’s popular vegetarian restaurant. Check their opening hours at www.plm.org.hk/food.php.

For a closer look at the Big Buddha and its base, there is a climb of 268 steps.

Level paths throughout Nei Lak Shan Country Trail; suitable for all.

Level paths on the first half of Shek Pik Country Trail; downhill stone steps for the last 500 metres.

To the starting point

- MTR Tung Chung Station, Exit B and go to Tung Chung Cable Car Terminal for a cable car ride to Ngong Ping.
- MTR Tung Chung Station, Exit B. From the bus terminus next to the MTR station, take Lantau Bus 23 to Ngong Ping Bus Terminus.
- Take First Ferry from Central Pier to Mui Wo, and then take Lantau Bus 2 to Ngong Ping Bus Terminus.

From the end point

- From Shek Pik, take Lantau Bus 1 or 2 to Mui Wo Pier, then take the ferry back to Central.
- From Shek Pik, take Lantau Bus 11 or 23 to Tung Chung Town Centre for MTR.