MACLEHOSE TRAIL
(STAGES 1 & 2)

Starting Point

Trail Condition
Long route without much shelter; with much uphill and downhill trekking over varied terrain.

Refuel
There are village stores in Sai Wan and Ham Tin, but their opening hours are irregular.

Transport

To the starting point
- From MTR Diamond Hill Station Exit C2, take bus 92 to Sai Kung Town, then taxi to East Dam.
- From Sha Tin New Town Plaza Bus Terminus, take bus 299X to Sai Kung Town, then taxi to East Dam.
- From MTR Hang Hau Station Exit B1, take green minibus 101M to Sai Kung Town, then taxi to East Dam.

From the end point
- From Sai Wan Pavilion, take village minibus NR29 to Sai Kung Town (Mondays to Fridays: 4 services a day; Saturdays, Sundays and public holidays: 6 services a day).
- From Pak Tam Au, call a taxi (Mondays to Saturdays).
- From Pak Tam Au, take bus 96R to MTR Diamond Hill Station (Sundays and public holidays only).

Trip Ideas
- Avoid climbing rocks and keep away from eroded surfaces.
- For more information on Hong Kong’s geological history, visit the Geopark Visitor Centre in Sai Kung Town.