There is an eatery at the Tai Mo Shan Country Park Car Park.

**Starting Point**
• From MTR Tsuen Wan Station Exit A, walk to the bus stop on Tai Ho Road North. Take bus 51 to the Country Park stop. The entrance of the country park is on Tai Mo Shan Road.

**From the end point**
• Return by the way you came to the Country Park bus stop. Take bus 51 to MTR Tsuen Wan Station, where multiple modes of transportation offer access to the rest of the city.

**Trip Ideas**
• Remember to bring extra clothes: the temperature on the windy peak is about 5 to 6 degrees Celsius cooler than the city.
• If you are lucky, you might see a sea of clouds from the mountaintop in spring. Such phenomenon usually occurs just after rain, or about two hours before sunrise.
• Don’t pick the wild plants.

**Elevation Guide**
Level and paved uphill road; exposed on most parts of the trail.

**Refuel**
There is an eatery at the Tai Mo Shan Country Park Car Park.

**Transport**
To the starting point
• From MTR Tsuen Wan Station Exit A, walk to the bus stop on Tai Ho Road North. Take bus 51 to the Country Park stop. The entrance of the country park is on Tai Mo Shan Road.

From the end point
• Return by the way you came to the Country Park bus stop. Take bus 51 to MTR Tsuen Wan Station, where multiple modes of transportation offer access to the rest of the city.