**TRAVEL THROUGH TIME**

**TUNG CHUNG TO TAI O**

- **Starting Point**: Tung Chung Fort
- **End Point**: Tai O Heritage Hotel

**Area covered**
Islands District

**Starting point**
Tung Chung Fort

**End point**
Tai O Heritage Hotel
(proceed to Tai O Bus Terminus for departure)

**Average hiking time**
Around 5 hours

**Distance**
Approximately 15 km

**Replenishing stations**
There are no kiosks along the way, so it’s best to stock up at Tung Chung before the hike. Fuel up at restaurants around MTR Tung Chung Station, or sample the amazing array of street food after you finish your hike in Tai O.

**Elevation Guide**

- Tung Chung Fort
- Tung Chung Bay
- Hau Hok Wan
- Northwest Lantau Coast
- Po Chue Tam
- Tai O Heritage Hotel
- Stilt Houses

**To the starting point**
From MTR Tung Chung Station Exit B, take bus 3M, 11, 23 or 34 at Tung Chung Bus Terminus and get off at Ho Ling Pei. Follow the signs to Tung Chung Fort.

**From the end point**
- Take New Lantao Bus 11 to MTR Tung Chung Station.
- A ferry is available from Tai O to Tung Chung and Tuen Mun. From these points, public transport is available to other destinations.

Scan the following QR code for the ferry schedule: